

Ice breaker questions can assist in starting a work meeting. Ensuring no awkward silence as a meeting begins. Or can get utilized to network with other professionals. Ice breakers can help networking as it can assist with being more purposeful in the interactions with others.

Before using an ice breaker question, consider your goals. Is the goal to start a meeting? To interact with a professional you've never met? Or is it about team building? Consider what the intention of the ice breaker is. And then choose the relevant and proper category of questions to ask.

To use an ice breaker question, simply state the question at the beginning of the conversation. Be sure to say "hello" before asking the ice breaker question. Show general business etiquette and common courtesy before saying the ice breaker question.

Common Virtual Ice Breaker Questions

Questions to ask to start virtual meetings.

1. What's your favorite food?
2. What is your least favorite food?
3. Would you advise someone to attend a university now that you've completed your education?
4. What's your favorite game to play?
5. If you were in the Olympics, what sport would you play?
6. What's your favorite thing about our office?
7. What album would you listen to on repeat?
8. If you could choose any two famous people to have lunch or dinner with, who would it be?
9. If you could have a conversation with any famous person, who would it be?
10. What's your favorite way to start lunch conversations?
11. What is the best job interview you've ever had?
12. What's the worst job interview you've ever had?
13. The best piece of advice you've ever gotten was what?
14. The worst piece of advice you've ever gotten was what?
15. What's your favorite movie? What is your favorite song?
16. What's your favorite outfit? If you were a book, what would the title be?
17. If you could write a book, would it be fiction or non-fiction?
18. When you describe yourself to others, what words do you use?
19. What's your favorite way to get exercise?
20. What's your favorite way to decompress from a long day at work?

Unique Ice Breaker Questions

Unique questions to spark contemplation.

21. If you had to build a trivia question about yourself, what would it be?
22. In a group setting, would you describe yourself as an introvert or as an extrovert?
23. What sibling are you? Youngest? Oldest? Middle child? Or an only child?
24. Tell me about a time when you failed at something important to you.
25. Tell me about a time when you succeeded at something significant to you.
26. Would you rather be a chef? Or a world-class chef?
27. What Disney character would you be and why?
28. If you had to eliminate any Disney character, who would it be?
29. Tell me about a time you had a horrible first day of school.
30. What's the greatest TV show or movie of all time?
31. What are two truths and one lie about yourself?
32. What's the worst fashion and style choice you've ever made?
33. What language would you like to learn?
34. How many languages can you speak?
35. If you could go on tour with any rock band, who would it be?

Fun Ice Breaker Questions

Fun ice breaker questions to ask.

36. Tell me about the worst date you've ever been on.
37. What's the best date you've ever been on?
38. Have you ever been in love?
39. What's your favorite emoji to use?
40. Do you say "LOL" or "LMFAO" when you send text messages?
41. If you could do anything in the world as a career, what would it be?
42. If you could change places with any person in the world, where would you want to go?
43. Where in the world would you live if money wasn't an issue?
44. What type of music do you listen to?
45. Who had the most influence on you while growing up?
46. What's your favorite season in the year?
47. Best book you've ever read?
48. Do you love working from home? Or would you rather be in an office setting?
49. How would you plan and budget the building of a water tower?
50. What one word describes you the best? What one word describes you the least?
51. What's your favorite ride at the theme park?

52. Would you rather be at the beach or in the mountains?

Ice Breaker Questions for Kids

For those in K-12 students. And high school students.

53. What's your favorite class, and why?
54. What is your favorite time of day, and why?
55. What's a New Year's resolution that you had this year?
56. Do you have a favorite company or brand?
57. Do you have a favorite teacher?
58. What class are you having trouble with?
59. What class are you having the least trouble with?
60. What're you planning to study when you attend a university or go to college?
61. What's your favorite ice cream flavor?
62. What's your favorite ice cream topping?
63. If there was a room filled with ice cream, how would you get out of it?
64. Who is your favorite person, and why?
65. What is your favorite game, and why?
66. What's the last food that you ate?
67. What's your favorite knock-knock joke?
68. Do you have a favorite joke to tell?
69. What movie never gets old, no matter how many times you watch it?
70. Do you play any sports?
71. Did you ever get blamed for something that your sibling did wrong?

Deep Ice Breaker Questions

Intellectual questions to ask.

72. When you die, what would you like to be remembered by the people who loved you?
73. When you die, what song would you like to play at your gathering or funeral?
74. What scientific discovery would you have liked to have made?
75. If you could design a dream home, what would it look like?
76. What fictional TV family would you love to be in?
77. If you could add a face to Mount Rushmore, who would you add?
78. What's your favorite mythical creature?
79. What's one of your favorite healthy snacks to eat at night?
80. What snack makes you feel the best?

81. If you could turn the ocean into any other substance than water, what would it be? And why?
82. Who is the most interesting stranger you've ever had the chance to meet?
83. What's one word that describes life?
84. What's one word that doesn't describe life?
85. Tell me about a memory from childhood that inspires your life.

Work Ice Breaker Questions

Questions to ask at work. To ask when meeting new colleagues. Or when starting meetings.

85. What's the most significant factor that your organization has control over that interferes with your success?
86. What's the best habit of leadership?
87. What habit would you like to break at work?
88. What's one thing you value most about our team?
89. What do you think our team could be doing better?
90. What's one word that describes teamwork to you?
91. Is there anything hard about working virtually?
92. What's your favorite part of working here?
93. What's the best tip for getting work done?
94. Do you think if we knew each other better that we'd be able to work together more effectively?
95. How did you do on the office trivia contest last week?
96. What team building activities would you like us to do?
97. If you were new to a team, how would you introduce yourself?
98. How can team members learn more about each other?
99. What would managers help bring their teams in terms of organization and project management?
100. What's your favorite tradition? What is your favorite holiday?
101. Do you drink coffee or tea at work?
102. What dessert would ensure you need a nap?
103. What's your favorite meal to cook after work?
104. Would you describe yourself as an animal person?
105. Do you have hidden talents?
106. If you were a famous person, what would your message be to the rest of the world?
107. What internet video or viral meme made you laugh recently?
108. What software should we be using at work?
109. Tell me a water cooler trivia question you would create.
110. Share with me a hope or dream that you have.
111. Share with me an aspiration you have about work.
112. Have you ever been mistaken for someone famous?

113. Do you have a favorite charity that you support? Or a cause that you support? Why do you support it?

Simple Ice Breaker Questions

Questions anyone can relate with.

114. What's your favorite breakfast food? And lunch food?
115. What would be the last meal you would ever eat?
116. If you could live in any country, what would it be?
117. Would you rather have invisibility or be able to fly?
118. Would you rather be the funniest person in the room or be the smartest person in the room?
119. How do you know when you've done something successful?
120. How do you know that you're an adult?
121. What's your favorite childhood memory?
122. What's the most trouble you've ever gotten into?
123. Do you play any musical instruments?
124. What's your favorite dish to cook?
125. If you could be any cartoon character, who would it be?
126. Suppose you could change your name, what would you change it to?
127. If you could instantly become a genius at one thing, what would it be?
128. Let's say you could be immortal. At what age would you decide that you've had enough life?
129. At what age do you believe people become "mature?"
130. What's your least favorite color? And your most favorite color?
131. Would you rather be in the rainforest or be near the ocean?
132. If you could donate a million dollars to charity, which charity would you choose?
133. How would you define a true friendship?
134. What's one thing that sparks creativity for you?
135. What's one career you wish you could have had?
136. Do you think you have a good work-life balance?
137. What is your most treasured material possession that's in your home?
138. If you could have the power to teleport, where would you go? And why?
139. What superpower would you give to an enemy?
140. If you could choose any person from history to have as a friend, who would it be?

Ice Breaker Questions for Couples

Questions to ask when dating or for couples.

141. What type of love are you searching for?
142. What's your love language?
143. How do you feel love from someone else?
144. What is the worst date you've ever been on?
145. What's the best date you've ever been on?
146. If we got married tomorrow, where would we get married?
147. What do you value most in a partner?
148. What's one fun thing you'd like us to do in the next month?
149. What talent do you have that's embarrassing to share?
150. If you had to ask me one interview question, what would it be?
151. What business idea do you think we could pursue together?
152. Do you prefer laughter or suspense when it comes to movies? Comedy or drama?
153. What's one word that describes love to you?
154. What's one word that doesn't describe love to you? What is your favorite love quote or poem?
155. Tell me your most favorite trait in a partner.
156. What characteristic would you like our children to have?

Ice Breaker Questions for College Students

Questions for college students.

157. What are your plans after you finish college?
158. Do you have an internship secured?
159. How do you plan to prepare for your first internship interview?
160. How did you meet your friends here at college?
161. What's your college major?
162. What's your best study tip?
163. Name your favorite snack to eat while studying.
164. What's your first goal after graduating from this university?
165. What's the strangest habit that you have?
166. Name an imaginary college course that you wish existed here.
167. Who is the best teacher or professor that you've had here?
168. If you could have any pet in your dorm, what kind of pet would it be?
169. Is there any TV show that you've binge-watched while studying?
170. Who is the last person you spoke with over the phone?
171. Where is the last happy hour you went to?
172. What's the most comfortable setting that you miss from home?
173. What type of professional environment are you seeking after you graduate?
174. Say you had an unlimited supply of one thing. What would it be?

175. What encourages you to want to be here?
176. What're you hoping to achieve from this gathering of college students?
177. What genre of music did you listen to before you arrived?
178. If you were a participant in a game show, what trivia questions would you want to be asked?

Conversation Starter Questions

179. Can you tell me who you are?
180. Tell me how you would describe your childhood.
181. Tell me how you would describe yourself as a child.
182. What's one thing you're hoping to achieve from this friendship?
183. What's something you do at home to have fun?
184. How do you keep yourself from being bored?
185. What type of people do you want to surround yourself with?
186. What's your favorite type of conversation to have?
187. What's the last book that you read?
188. If you were thinking about someone, would you text them or call them on the phone?
189. What's one trait you're hoping that I will have?
190. If you could have recognition for anything, what would it be?
191. How would you design a scavenger hunt?
192. If you could be a participant in any game on TV, which would it be?
193. Pick one, losing your voice, or losing your sight.
194. How soon do you reply to emails?
195. When's the last time you didn't tell the truth?